

Wednesday 2 August 2023

Foresterhill Health Campus – staff car parking As highlighted in the brief on 20 July, we have been developing a survey to give you the opportunity to have your say on new options for staff car parking management at Foresterhill. We're pleased to say this will launch next week; more detail will be available then.

Linen services As you will be aware, the Laundry has been in contingency measures since an asbestos incident last month. We are pleased to say an environmental clean has been undertaken and a Certificate of Reoccupation has been granted; this was issued by a UCAS accredited laboratory. While this is good news, there is still a great deal of work to complete before the team can return to normal running starting with recommissioning the laundry machinery which has been out of action for some weeks. As such, the service remains in contingency. Your support to date has been gratefully received and we would remind you of the following:

- Change beds when necessary, ensuring this is within the 7-day window
- Towel be used appropriately e.g., use paper towels for spills, not fabric towels.
- Throws/blankets are for the use of patients only.
- If you have more clean linen than required, please see if neighbouring services can use it, instead of returning to the laundry via the dirty waste stream.

Adequate supplies of linen are available; we want to ensure valuable time is not taken up with re laundering already clean stock. Linen Services will be in touch with individual teams, to discuss their needs, as and when required.

iMatter action planning Action planning is a key part of the iMatter process. Teams should complete and submit their plans by 12noon on Monday 21 August. We still have places available on our Turas iMatter Action Planning Sessions for managers, [available for booking via Turas](#) (requires log-in) Please note, you need to complete the iMatter Action Planning eLearning prior to attending a session: [iMatter Action Planning eLearning | Turas | Learn \(nhs.scot\)](#)

Donning & doffing refreshers The Infection Prevention & Control team offer regular refreshers on the correct way to don and doff PPE. Upcoming dates as follows, all sessions start at 11am and are delivered on Teams:

- August – Wednesday 9
- September – Tuesday 12

Simply email gram.ipc-donn-doff-training@nhs.scot to book your place.

Online learning with University of Aberdeen There are a range of short, online, courses available via the University of Aberdeen. There are funded places on offer, with subject areas covering Leadership & Management, Digital & Data Skills, and Health, Nutrition & Wellbeing. Applications are open now until 14 August, with courses due to start on 18 September. [More details are available via this link.](#)

Shared Learning Events 2023 The next Shared Learning Event will take place on Teams on Thursday 10 August between 12noon and 1pm. We are lucky to have two very knowledgeable speakers for this event:

- Julia Wells, Chief Nurse- HIS Infection Prevention and Control inspection for Mental Health Unit at Royal Cornhill Hospital
- Lindsay Cameron, Medication Safety Advisor- Medicines Management and learning from other boards

This is a fantastic opportunity to learn from HIS inspections with regards to IP&C, and Medicines management so you can take this back to your area. If you have any questions in advance of the event, please let us know and we can put to the speakers. We hope to see you there; if you have not attended before and wish to come along, please register your interest at gram.giat@nhs.scot.

Race for Recipients – save the date We are marking Organ Donation Week 2023 by taking part in the Race for Recipients. From 6am on Saturday 16 September until midnight on Sunday 24 September NHS staff across the UK are encouraged to log their steps and raise awareness of organ donation. Will you walk 9km over the week, to represent the (up to) 9 lives a donor can save? What about 7,000km as a team, for the 7,000 people currently on the transplant waiting list? Could we go all out as a board and hit 50,000km, for the number of people living with a transplant in the UK today? If you want to take part, [head to the Race for Recipients website](#), scroll to Regions, select Scotland, and then NHS Grampian. We'll compete as one board, and while there's no prizes, there are most definitely bragging rights at stake!

We Care Wellbeing Wednesday

- **We want to hear from you!** We Care is here to support you – individuals and teams – with your wellbeing. You can find out more about We Care, and what we offer, on our recently updated website: [We Care \(wellbeing support for health and social care staff across Grampian\) \(nhsgrampian.org\)](#) To make our wellbeing sessions more accessible, you can now find all wellbeing sessions [on the We Care Turas page](#). If you are on social media, why not tag us using #GrampianWeCare and let us see what you're doing to support your own and your team's wellbeing! Or you can follow us at @GrampianWeCare across Twitter, Instagram and Facebook. You can also keep in touch by subscribing to our newsletter and our resource subscriptions by emailing gram.wecare@nhs.scot. You can use that address to provide feedback on We Care or, if you prefer, [you can use the We Care anonymous feedback form](#).

Tune of the day We've got a new variation on the double request theme today! First up, Clinical Nurse Specialist Tricia Ferguson has requested [She's So Lovely](#) dedicated to Dr Mariella Lamacchia from everyone in the CNS team. This was promptly followed by a request *for* Tricia, from her colleagues Fiona and Laura. They say Tricia is a very supportive and kindhearted colleague who brightens up the office. [Marry You by Bruno Mars](#) is apparently one of her favourites (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot