

Monday 8 January 2024

New Year, new bin? It's now 10 years since the Waste (Scotland) Regulations 2012 made it a legal requirement for all businesses to be recycling the key materials of cans, plastics, paper, card and glass. Unfortunately, there are still too many sites across NHS Grampian where this is still not happening properly, or in some cases at all. But you can help!

If you find yourself putting recyclable materials into black or orange bags - ask yourself why? Where is the nearest recycling bin? If there is not one where recycling is being produced, they can be ordered on Pecos from our current supplier Wybone. The codes for ordering are:

- HYB/80L/TRANS/GRN for a bin with green base and lid, or
- HYB/80L/TRANS/WTE for a bin with white base and lid.

Recycling stickers can be placed onto the lids of both of these bins if required, and these are easily available by contacting gram.resources@nhs.scot Recyclable waste disposed of wrongly is costing NHS Grampian around £100,000 per year in additional disposal costs, so not only will you be doing your bit for the environment, there is also a financial benefit for us in doing this.

If you have any questions around what can and can't be recycled at work, or for advice on where bins can be located, please contact Waste Manager neil.duncan3@nhs.scot

Safe Transfer of Patients in ARI The next staff drop-in session for this project will take place on Wednesday (10 January) between 1-2pm. If you would like to join this session, please e-mail gram.pipdirector@nhs.scot for the link to join.

ICYMI - 'Flu guidance – all clinical settings The infection prevention & control team have put together a short guide on the steps to be taken when caring for someone with suspected or confirmed 'flu. This guidance applies in all settings – acute or community, inpatient or outpatient – and is attached to the email used to send this brief. Please share with colleagues.

PPE donning & doffing training Refresher sessions on the correct way to don and doff PPE run monthly. The following sessions are available for booking, by emailing gram.ipc-donn-doff-training@nhs.scot:

- Wednesday 17 January
- Tuesday 13 February
- Wednesday 20 March

All sessions take place on Teams, between 11am-12noon.

2024 Palliative Care Evening Education Series The Palliative and End-of-Life Care Network is organising another series of online evening talks, this time centred around palliative medicine in chronic diseases. These sessions will take place on Teams and are open to anyone with an interest or involvement in palliative medicine. Upcoming sessions are as follows:

- [Palliative care in renal medicine with Dr Laura Clark](#), Wednesday 7 February, 6pm. Registration via the link above.
- [Dementia at end of life, with Kenny Davidson](#), Monday 18 March, 6pm. Registration via the link above.

Managed Clinical Network (MCN) – 2024 professional conferences – save the dates The Grampian MCN have set the dates for their 2024 professional conferences, as follows:

- Wednesday 6 March – Cancer care network – Beach Ballroom, Aberdeen
- Wednesday 1 May – Respiratory MCN conference (venue TBC)
- Wednesday 22 May – Stroke MCN, online via Teams
- Wednesday 25 September – Diabetes MCN conference (venue TBC)
- Wednesday 20 November – Palliative & End of Life Care network (venue TBC)

Contact gram.mcn@nhs.scot to subscribe to some or all their network mailing lists, and to stay up to date on the latest events.

Pause for thought If you were to give yourself a real treat right now, what would that be? What might this give to you and or others?

Tune of the day Today's tune is [Cold as Ice](#) by Foreigner, for entirely obvious reasons. Wrap up warm! (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot