Integration of Adult Health and Social Care

Integration—some wid say’s—the only game in toon
Tae save oor Scottish NHS an’ turn oor healthcare roon,
Aye—we wint tae keep Nye Bevan’s pledge, these words he did declare,
Thit treatmint-bie it lang or short- wis there fir aa’ tae share,
His pledge his stood the test o’ time fir nigh oan seventie ‘eer,
It’s been oor pride an’ joy worldwide fir patients rich an’ puir,
Nae matter fit the illness is, or treatmint thit’s desired,
Oor NHS will come up trumps , supply fit is required.
Hoovir—times move oan, we’re pleas’t tae say, maist treatmint’s been refined,
Wi’ newer drugs an’ complex ops sae clearly noo defined,
Result? We’re livin’ langer noo, a hunner’s naethin’ new,
‘Cept langer life’s brocht ithir things tae challenge me an’ you.

For—there’s diabetes, dicky jin’s an’ breathin’ thit’s a tchauve,
There’s tickers thit gaur mony stop fir breath they dinna have,
Noo- in days gaun bye the waey aheid fir mony a chronic case
Wis A.R.I. or Dr. Gray’s the only treatmint place.
The problem wis—time after time- some languish’d fir some days
In differint wards wi’ differint Docs an, aeften time delays
Till diagnosis wis proclaimed—“aye, ye’re daen’ fine again,
It’s time tae get ye oot o’ here, an’ hame tae yeer domain.”
So wards an’ beds got cloggit up wi’ fowk we could declare,
Thit truly wid be better aff at hame wi’ personal care.
Tae croon it aa’ the numbers grew like Topsy , sae much so
Thit fowk thit really need't beds got stuck amidst the flow.

Noo this problim’s nae jist localised tae Grampian’s health an’ care,
Across the countrie far an’ wide, this challenge we maun share,
The Demographics (population figures) there tae see, the waarnin’s clear bit stark,
Without real changes tae oor scheme the future’s lookin’ dark,
For next 20 years, if naethin’s daen’, resources will rin oot,
Wi’ service users, young an’ auld, left healthwise destitute.
Fit can we dae tae stem the tide o’ traivil doon a trail?
Faar thoosin’s chase a scarce resource thit’s mair than awfa’ frail
So faa’s aa’ got a pairt tae play in changin’ roon oor scheme
That will ensure we niver loose Nye Bevan’s brightest dream,
Weel, first o’ aa’ there’s ilka’ chiel thit populates oor land,
An’ uses healthcare services that’s there oan their demand,
That’s you an’ me, oor freens an’ weans, oor neighboors up the road,
Tae each an’ eviry aene o’ us, taak heed o’ this bra’ code.
A code tae galvanise oor lives, by name o’ Personal Care,
Faar you an’ me can dae a lot tae halt oor weir an’ tear,
Cut doon oan sweeties, fatty foods alang wi’ beer an’ wine,
Cut oot the fags an’ ithir smokes for something mair devine,
Aye- get oot yir bike an’ waalkin’ scheen, stride oot fir better health,
Remember noo, health’s at the tap o’ oany kind o’ wealth.
In ithir words we’re being asked tae taak oorsels in haun,
Cut doon on trips tae A.R.I., reduce its great demand,
Tae help tho’ oan this waey aheid---a healthcare premiere,
It’s plann’d tae introduce a scheme o’ integrated care,
Wi’ Healthboards, Cooncils, volunteers full allies in a quest
Tae change oor healthcare system intae naethin’ bit the best.

For years oan end the NHS an’ Cooncils workit sair
Tae dae their best fir you an’ me in health an’ social care,
Quite aften tho’, wi’ diffrint schemes an waeys o’ workin’ tae,
They’d trump oan eenanithir’s taes ,even caase a gran’ mellee,
Result? Weel patients aften cam adrift between the twa,
An’ landit up wi’ waeys o’ care thit didna’ work at aa’
Time efter time the road tae care’s depended on acute,
Fin’ forward plannin’ bi’ a team can mair than substitute,
Anticipation is the key, providin’ care at hame,
Reducin’ trips tae A & E a creditable aim.
A wurd tho, fowks, let’s maak’ it plain, weel niver dae without
Oor hospitals, robots, scanners, scopes, an’ theatres there tae boot,
The secret tho’, we maun maak sure ’fin patients dae present,
Thit hospital care is fits required , without a hale dissent,
Aye- the name is planned admission faar the patient’s needs are kent,
Lang afore they cross the threshold tae the waard thit they’ve been sent,
Wi’ a bed thit’s there an’ waitin’ for their treatmint tae proceed,
Wi’ consultants at the ready tae progress their patients’ needs.
So far dis Integration staun’ in movin’ this aheid,
Weel—it’s based aroon’ the premise that it meets the patient’s needs,
Wi’ each patient at the centir o’ a plan they aa’ agree,
Aye—that’s doctors, nurses, social workers, council carers tee,
Sic a process faar each discipline collectively dis engage,
Wi’ the aim o’ gien’ you an’ me guid health in alder age.
Treatin’ fowk at hame for ailments, usin’ teamwork tae ensure,
Cuttin’ doon the use o’ ARI fae admissions premature,
We a plan fir “Delayed Discharge”, maakin’ sure a prompt release,
Aence aa treatmints been completed an’ the clinics work hae ceased.
Bit we canna’ leave it solely tae the medics, Cooncil staff,
We maun aa’ embrace this culture faar we work on each behalf,
That includes a patient’s famley, neebours, freens fae ower the road,
Volunteerin’ time an’ effort in a waey tae spread the road,
Helpin’ each an’ ivery patient faar the need is clear tae see,
Being integrated partners is without a doot the key.