Performance Report

COVID position, Critical and Protected Services, Surge and Flow and Test and Protect

(Update – Vaccinations and Staff Health and Wellbeing will be presented at the Board meeting)

February 2021

Summary

1. Introduction

The purpose of the report is to provide the Board with a summary of performance in the following areas:

- COVID position
- Surge and Flow
- Critical and Protected Services (Acute)
- Test and Protect

2. COVID position

Since the December Board meeting, there have been significant changes in the COVID position locally and nationally. Additional lockdown measures have been implemented and the NHS Grampian Board moved to Level 4 of the Contingency Plan (the highest level of escalation) in December.

During the latter part of December and early January the COVID 7 day positivity rate peaked nationally, with the peak in Aberdeen City and Aberdeenshire falling a few weeks behind the peak of new case rates in west and central Scotland. The 7 day positivity rate has continued to decrease nationally and in both Aberdeen City and Aberdeenshire. However cases in Moray have been fluctuated recently due to an incidence of localised outbreaks.

The national vaccine programme commenced in December and good progress has been made in relation to vaccinations of the priority groups determined by the Joint Committee on Vaccination and Immunisation .

We have launched a COVID Vaccination website which will provide further information, both about the delivery of the programme and to provide answers to some frequently asked questions.

3. Test and Protect

Whilst the commencement of the COVID vaccination programme is a major step forward in reducing the risk of the COVID virus, the other measures implemented to minimise and reduce community transmission continue to be critical to protecting the population. Test and Protect continues to remain a key element of our COVID response and during January we have increased the staffing by a further 20 FTE to increase resilience in the team.

4. Surge and Flow

The key points to note are as follows:

- the paper sets out the current position in relation to the bed occupancy within Aberdeen Royal Infirmary which is close to capacity and a change in the performance against the 4 hour target since December reflecting the pressures on the whole health and social care system. A whole system response has been implemented in line with the winter / surge plan approved by the Board.
- The bed occupancy during the 2nd wave reflects the increase in overall activity we are managing during this period with higher levels of unscheduled care activity in particular which in the 1st wave dropped during the initial COVID response.

5. Critical and Protected Services (Acute)

Planned care (inpatients): the report sets out the current position regarding the activity and performance for inpatients and outpatients

In terms of context, there has been significant pressure on the whole system which under the Board's Tactical Operating Model has required an increase in capacity to meet COVID and winter unscheduled care admissions with a resultant impact on the surgical bed capacity during the latter part of December and January. We remain committed to protecting critical and urgent care and using the ECSATS system to prioritise patients according to clinical priority. The current priority is to support our most critical patients – ESCAT 0 and 1 categories including cancer.

Maintaining this level of capacity has been challenging given the high levels of COVID and winter unscheduled care admissions in recent weeks, with available bed and theatre capacity for surgery having decreased and the waiting list across all ESCAT categories increasing during January. Our whole system effort is focused on improving flow and increasing surgical bed capacity for our priority patients.

Planned care (outpatients)

In relation to outpatients, GP referrals have returned to pre-COVID levels. Outpatient capacity has been maintained, however with these predominately delivered using virtual modes – telephone or Near Me.

The number of patients waiting over 26 weeks has decreased to 8,325 (from 10,525 in September).

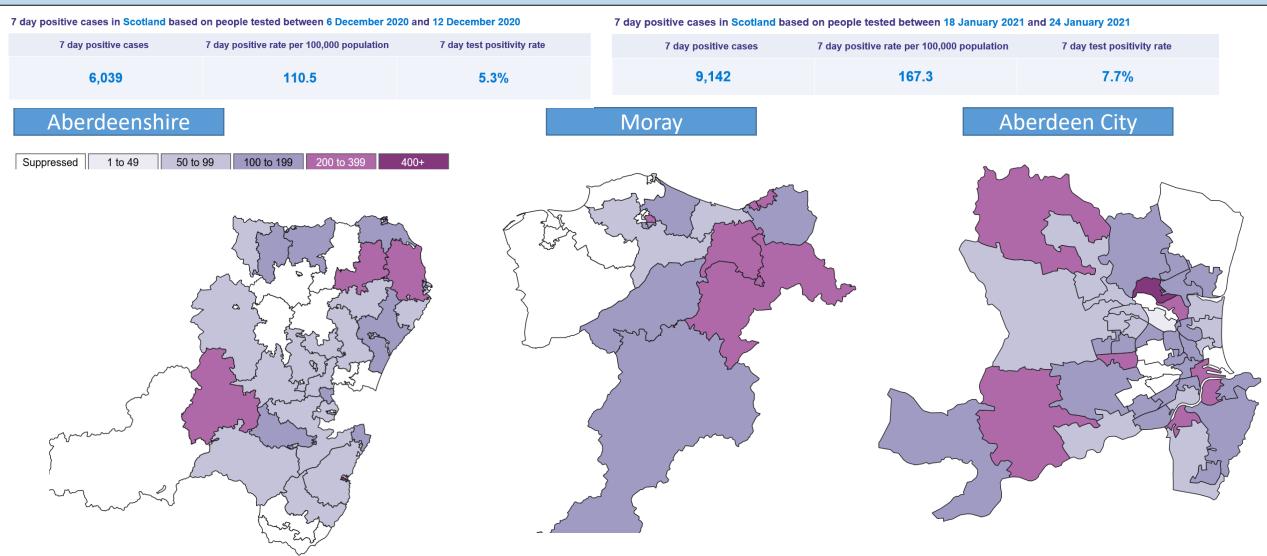
Cancer

31 day performance remains better than prior to COVID and, until the impact on bed, theatre and diagnostic capacity during December and January, the 62 day performance had also been better than prior to COVID. Following the 1st COVID wave the remobilisation plan which the clinical teams had implemented was maintaining a balanced demand and capacity position.

However, 62 day performance has been impacted since December due to the need to increase COVID and medical beds and reduce the planned elective bed capacity. As noted in the commentary on planned care, we are taking a whole system approach consistent with the Winter / Surge plan approved by the Board in January 2021 to establish additional protected bed capacity for our highest priority patients, including cancer. The Performance Governance Committee will continue to seek assurances in relation to these plans and our performance for priority patients.

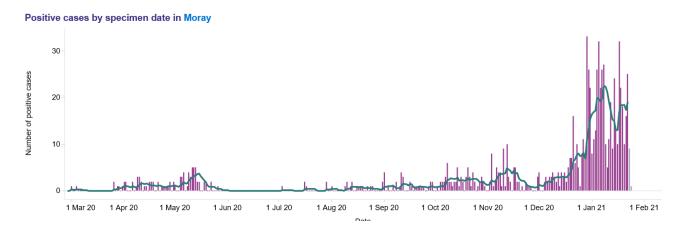
COVID position

7 day positive COVID rates – 18 – 24 Jan 2021 (compared with position 6 - 12 December 2020)

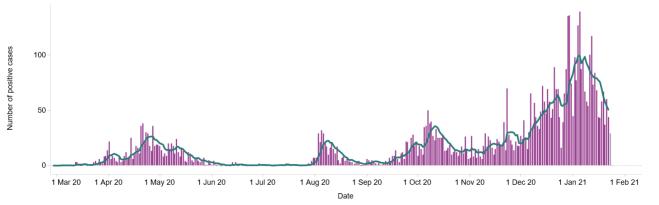


7 day positive cases	Rate per 100,000 pop	7 day positivity rate	7 day positive cases	Rate per 100,000 pop	7 day positivity rate	7 day positive cases	Rate per 100,000 pop	7 day positivity rate
276 (226)	105.7 (86.5)	5.8% (4.8%)	115 (21)	120.0 (21.9)	6.3% (1.4%)	321 (297)	140.4 (129.9)	7.2% (6.3%)

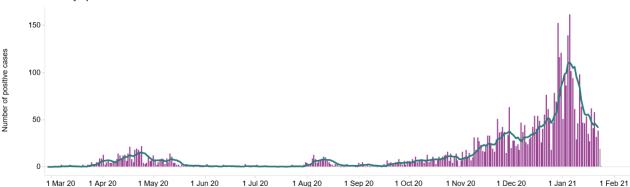
Positive Case Trend by local authority area



Positive cases by specimen date in Aberdeen City







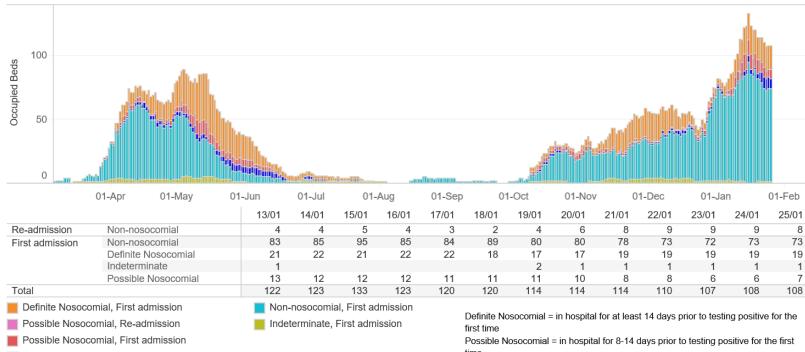
Daily figure Most recent data incomplete



These trend charts indicate reducing 7 day average of new case in Aberdeen and Aberdeenshire but with a more variable position in Moray over the last week

Hospitalisation Trend report (including ICU occupancy)

Hospital Occupancy *as at 23:59, counted from Date First Tested Positive

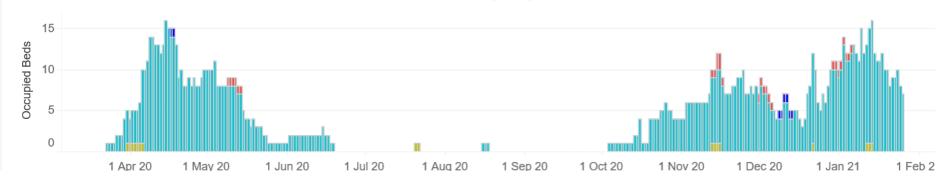


Inpatient COVID now higher than in peak in 1st wave but has been reducing in recent days

Non-nosocomial, Re-admission

time

Indeterminate = in hospital for 3-7 days prior to testing positive for the first time



ICU Occupancy

Surge and Flow (occupancy)

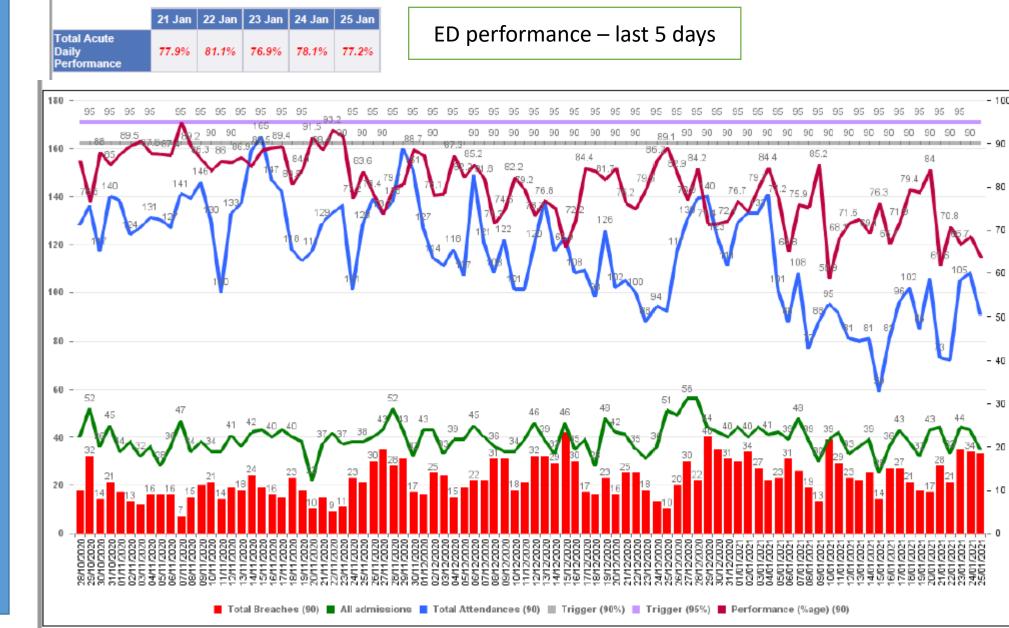
Unscheduled Care Position – ED Front Door



Cumulative this month – 81.6%

Whilst there has been a drop in attendances to ED the wider flow challenges and the complexity of patients presenting is impacting on performance against the 4 hour target.

The team have implemented enhanced monitoring and support to assist with the flow in ED and ensuring patients are transferred or discharged safely to the appropriate clinical or community setting.

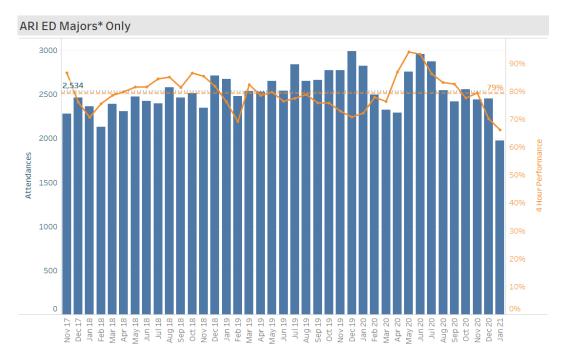


A&E attendances – comparison wit prior years



Drop-off in minor attendances at ARI ED since the launch of the flow navigation centre and but ED majors have increased by over 90 attendances this week (to 24 January)

Does the change in minors presentations explain the drop in 4hr performance at ARI?

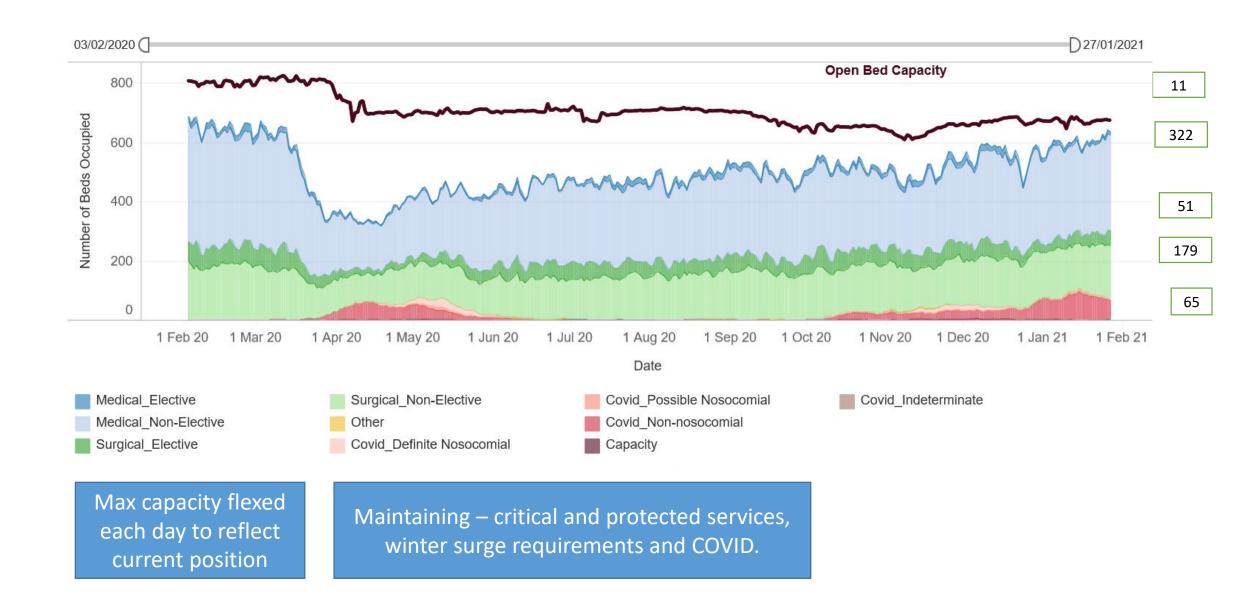


4 hour performance for Jan-21 to date at 67% is significantly down and is lower but not dissimilar to changes seen back in winters 17/18 (71%), 18/19 (69%) and 19/20 (71%).

Overall numbers admitted from ED in Jan-21 to date seems to be broadly in-line with recent months with higher admission rates in Dec-20 and Jan-21 reflecting lower levels of minors now attending ED

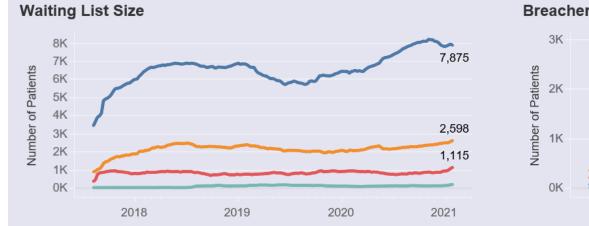
Occupancy Overview										
Acute			Aberdeen C	City	Aberdeenshire			Moray		
ARI	RI Dr Grays Woodend		Community Hospitals	Care Homes	Community Hospitals	Care Homes	Community Hospitals	Care Homes		
88%	88%	94%		8 9 %	64%	87%	89%	89 %		
		V								

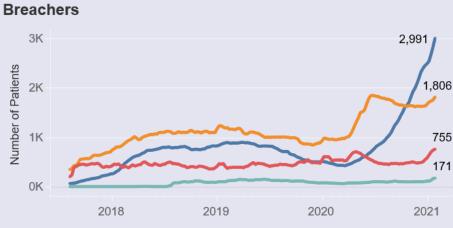
CARE HOME OCCUPANCY	Data Last	t Updated: 25 Jan 2021		
Percentage occupancy excludes unoccupied beds in care homes clo Summary By Care Home Type 	sed to admissions 88.2%	88.9%	87.1%	89.5%
	Grampian	Aberdeen City	Aberdeenshire	Moray
Safety Huddles Submitted	127	53	61	13
% Submitted		96.4%	92.4%	92.9%
Care Home Residents*	3,318	1,333	1,518	467
Resident Places*	3,966	1,628	1,811	527
Care Homes Closed to Admissions*	19	10	8	1
Care Homes Open with Control Measures in Place*	9	2	5	2
Unoccupied Beds Closed to Admissions*	203	129	69	5
Beds Available for Admission*	445	166	224	55
% Occupancy	88.2%	88.9%	87.1%	89.5%

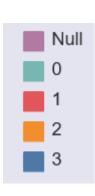


Critical and protected services (Acute)

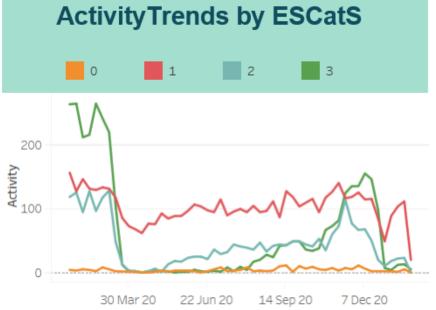
ESCAT summary







Specialty V	Activ					
ESCatS :						
Highlighting goes from gre	een (shrir	nking) to r	ed (increa	asing)		0
	31 Oct	30 Nov	31 Dec	25 Jan		٦٨
Ear, Nose & Throat (ENT)	21	23	61	87		V١
General Surgery (excl Vascular,	161	165	182	226	200 -	
Gynaecology	48	50	54	74	Ity	
Ophthalmology	129	90	85	116	Activity	Mr.
Oral and Maxillofacial Surgery	8	8	7	9	₹ ₁₀₀ -	VV
Plastic Surgery	23	19	24	32		
Trauma and Orthopaedic Surge	12	12	13	31		
Urology	230	228	244	275	0	
Other	91	86	110	167		20
Grand Total	723	681	780	1,017		30



Since November there has been a drop in ESCAT 2 and 3 activity in line with protecting ESCAT 1 capacity.

Specialty waiting list table reflects the WT for ESCATS 0 and 1 – significant increase since 31 December

General TTG and Outpatients position

Changes in relation to patients waiting over 26 weeks (TTG and outpatients) are noted below:

	TTG	Outpatients
18 January	6,752	8,325
11 January	6,563	8,459
21 September	7,804	10,525
27 April	2,574	2,929

Inpatient List size and activity

Additional capacity

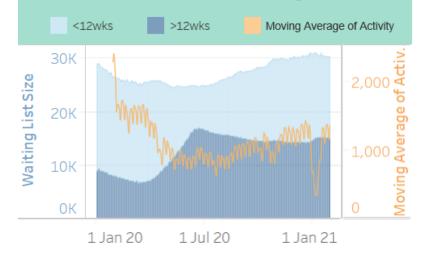
Additional local capacity building has been implemented – endoscopy and ultrasound (independent sector offsite) and Albyn Hospital (1 theatre – 18th Jan, 1.5 theatres – 1st Feb and 2 theatres -1st March).

All other independent sector additional capacity has been paused, together with the use of Stracathro Hospital.

The commissioning of increased orthopaedic capacity at Dr Gray's Hospital remains part of our forward plan.

Outpatient List size and activity

List Size & Activity

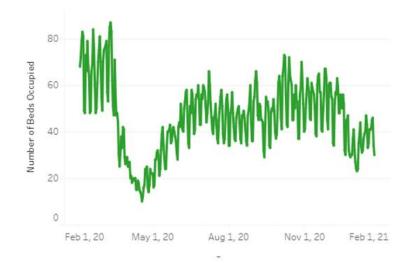


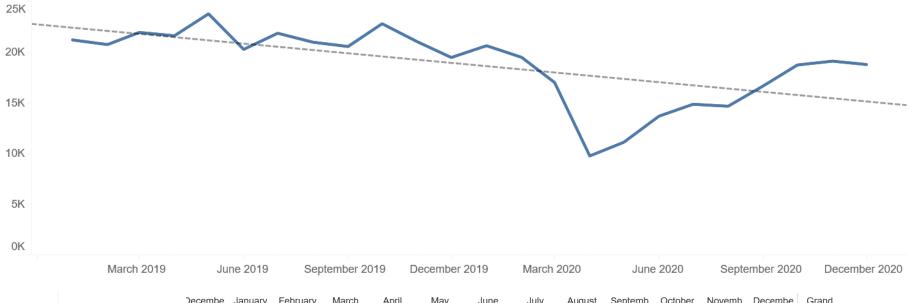
Comments

Inpatient – activity has decreased as reported (see previous slide)

Outpatient – virtual consultations continuing and capacity is broadly in line with demand at this stage.

GP referrals to Acute as shown in following slides are in line with pre-COVID levels



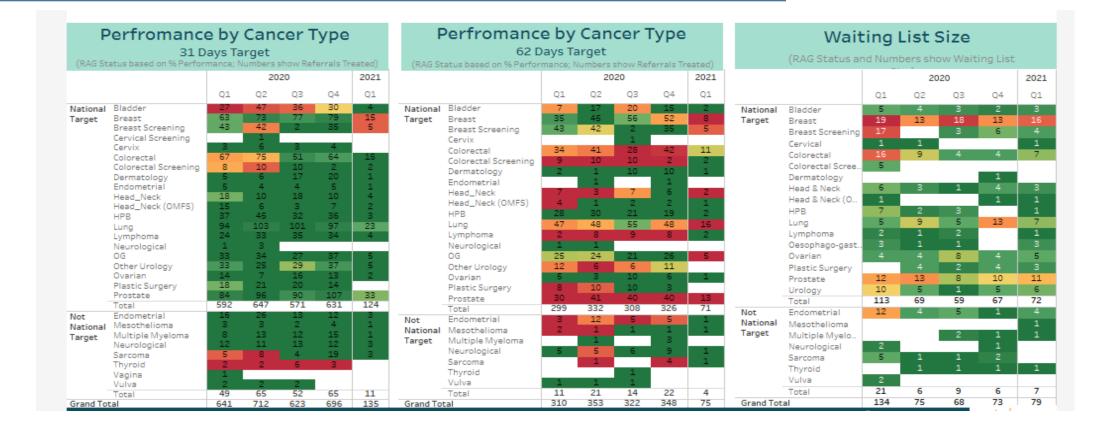


REFERRAL SOURCE	Decembe r 2019	January 2020	February 2020	March 2020	April 2020	May 2020	June 2020	July 2020	August 2020	Septemb er 2020	October 2020	Novemb er 2020	Decembe r 2020	Grand Total
General Practitioner	10,789	11,432	10,838	9,396	4,798	6,064	7,647	8,590	8,935	10,252	10,989	11,142	10,670	255,503
Consultant at this Healt	6,263	6,533	6,207	5,734	4,319	3,650	4,507	4,944	4,347	4,882	5,778	5,965	6,045	141,662
Optometrist/Optician	623	744	689	498	39	33	63	509	516	667	721	644	600	15,594
Other Healthcare Profes	553	656	617	507	293	270	400	316	336	296	473	506	507	12,214
Dental Practitioner	471	509	488	345	12	9	15	76	108	115	152	197	228	9,212
Accident and Emergenc	406	349	284	216	62	828	787	154	136	134	185	247	259	7,837
Self Ref	178	214	182	152	128	163	169	178	177	185	252	196	240	4,442
Consultant from a Healt	61	81	75	57	36	25	24	37	47	35	56	78	65	1,431
Local Authority/Volunta	65	53	44	32	5	7	4	2	12	55	65	72	75	1,254
Other (includes Armed F	15	29	17	17	7	13	10	10	10	13	17	17	25	480
Community Health Servi	21	7	12	21	24	10	25	9	8	7	19	19	32	432
Specified Other Commo		1	1		1	2	1		2	2	1		3	21
			6			2			2				1	11
NHS24			1					1	1	1				7
Prison/Penal Establish														2
Decision Support														1
Judicial OP														1
Grand Total	19,445	20,608	19,461	16,975	9,724	11,076	13,652	14,826	14,637	16,644	18,708	19,083	18,750	450,104

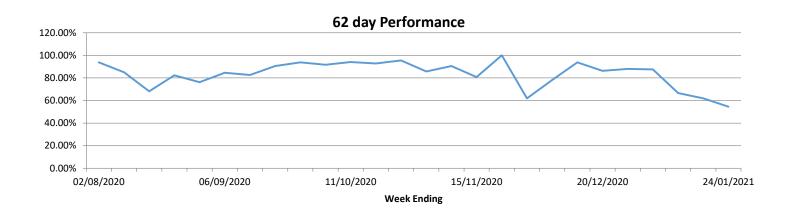
Cancer

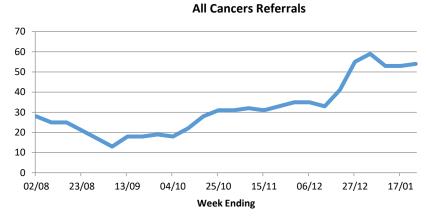
Performance

- Current month performance 98.13% for 31 days and 81.03% for 62 days
- In terms of 62 day cancer performance, the main tumour groups where performance is impacted are - Colorectal, Lung, Lymphoma & Prostate. Further information is presented overleaf in relation to the position and factors impacting on performance
- The 62 day Q3 figure for Grampian is 83.2% (Provisional Q4 figure is 86.18%). Q4 final figures will not be available until 30/03/2021.

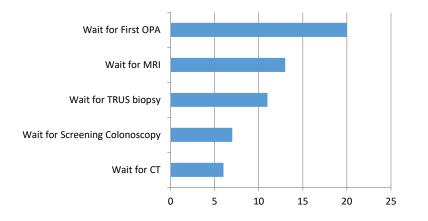


Cancer – 62 day performance (additional analysis)





Main Reasons for Breach – Aug - Jan

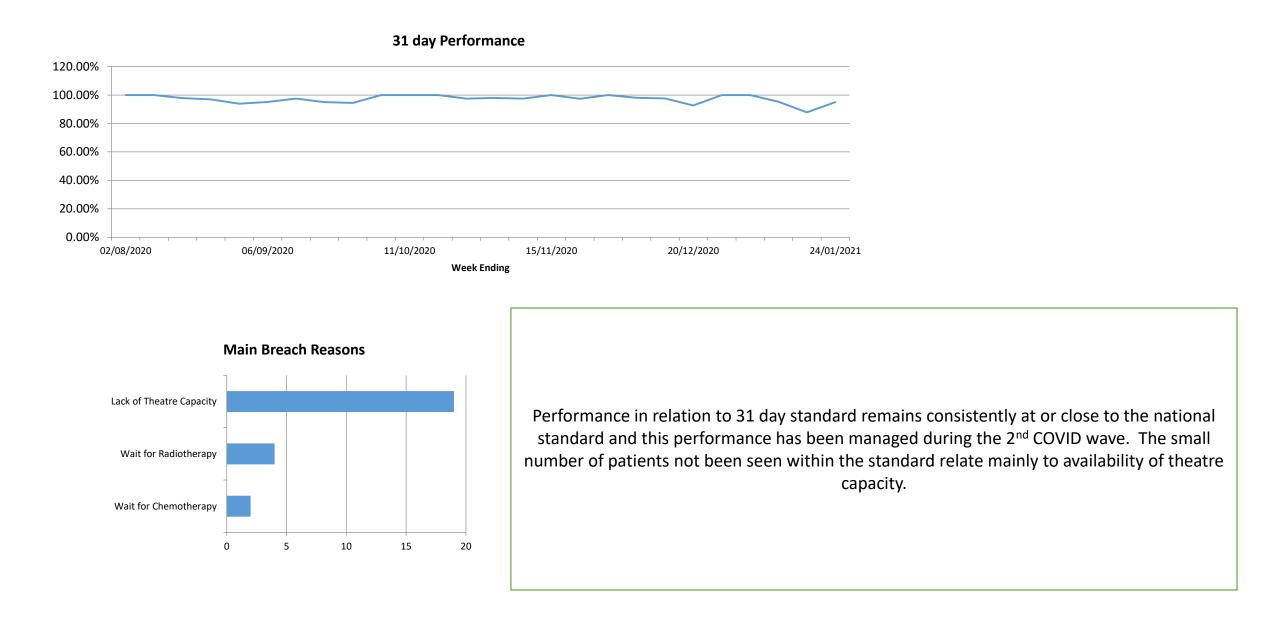


During the 1st COVID wave and the remobilisation plan period to November 2020, our clinical teams were able to protect cancer services and maintain cancer performance at levels at least equal to pre-COVID.

The pattern of performance was also sustained during October and November 2020 as the number of referrals for all cancers started to increase again in line with normal pre-COVID patterns.

However performance in December and January has been impacted primarily by the available bed and theatre capacity, and also for urology access to TRUS biopsy and MRI.

Cancer – 62 day performance (additional analysis)



Cancer – breast, breast screening and colorectal screening & Scoping waiting times

At the last Board meeting further information was requested in relation to the following

Breast cancer (waiting times)

- Urgent Suspected Cancer 6 weeks
- Urgent 12 weeks
- Routine 28 weeks
- Weekend Clinics were run up to the end of December 2020 and there is funding to run further clinics to end of March 2021. We are looking at staffing these sessions but are yet to be able to confirm any dates for 2021.

Breast Screening

• There were no breaches during December.

Colorectal Screening

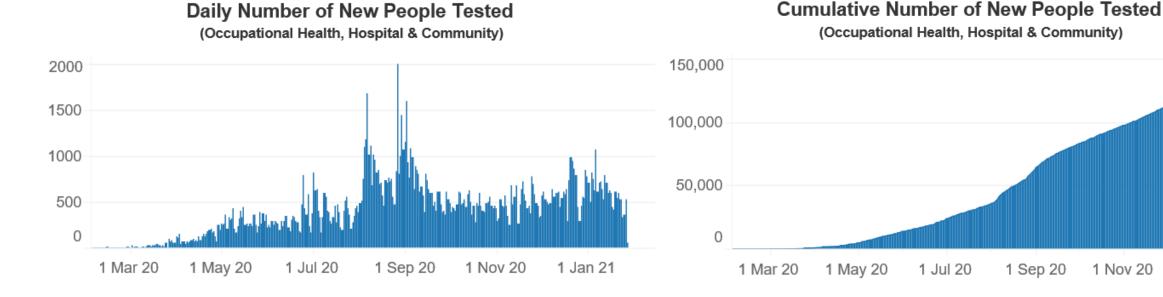
 Weekend working continues and current wait is 5/6 weeks for ARI and 5 weeks for DGH. Additional weekend capacity using the independent sector has been confirmed until end March 2021, with hope for ongoing provision thereafter.

Scoping

Current average waiting time position as of 15th Jan 2021

- Colon: 10 days
- Flexi: 13 days
- Endoscopy: 11 days
- Screening: 40 Days

Test and Protect



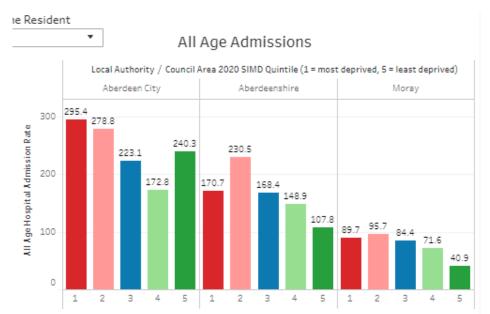
Over 90% of contacts reached within 72 hours of test being taken



Test and Protect remains a key element of our response to reducing community transmission and protecting the population. We continue to pro-actively monitor a wide range of data to identify and address any clusters and to provide advice to individuals, workplace and other vulnerable settings.

1 Jan 21

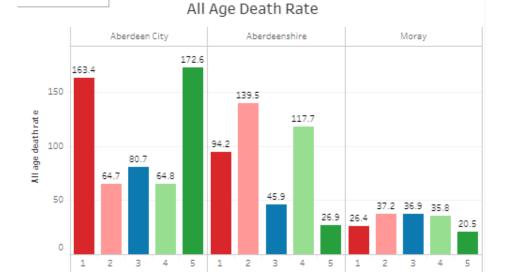
COVID Admissions and death by Scottish Index Multiple Deprivation groups



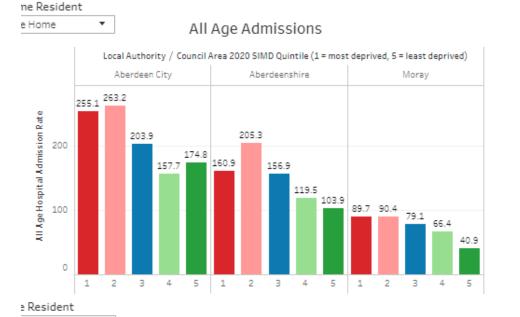
Including Care Home Residents

Resident 🛛 🔻

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Not including Care Home Residents



Ŧ All Age Death Rate Aberdeen City Aberdeenshire Moray 79.42 80 60 55.94 57.99 All age death rat e 47.09 40 36.11 36.72 34.93 31.90 30.58 26.38 26.38 25.55 24.87 19.25 20 15.35 0 1 2 3 4 5 1 2 3 4 5 1 2 3 4 5

SIMD: 1= Most Deprived, 5= Least Deprived

NB: Small numbers in Moray