

COVID-19 Brief

coronavirus

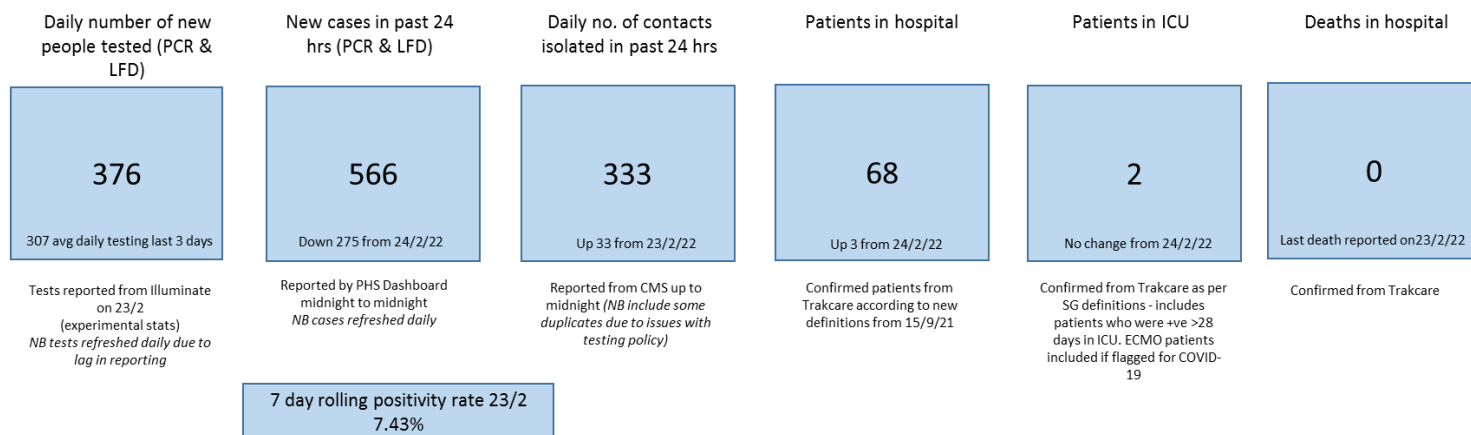


Here is the brief for Friday 25 February 2022.

Weekly Update. Grampian's caseload is higher this week, averaging 817 cases per day (976 per 100,000), with fluctuation since the middle of January that represents an overall stable situation - at high levels. Our situation update [video](#) comments on the weekly rises in infection levels since the end of January according to the Office of National Statistics. The very latest report (published after our video) indicated a fourth consecutive weekly rise, with 1 in 20 people in Scotland having covid, a deterioration from 1 in 25 in the week previously. This means an estimated 4.75% of the population tested positive for covid in the week ending 20th Feb.

Once again there are differences in covid infections amongst age groups. With stability overall, cases in people over 70 continue to increase – a situation affecting other parts of the country too. This population group were the first to receive booster jabs, so it is possibly an early sign of waning protection. There has also a marked rise in occupancy in this age group over last 2 weeks that is not evident in the younger groups and mirrors a rise in reported (PCR and LFD) cases in the same age group since the end of January. This is a situation we are monitoring carefully.

Grampian data The local report is shown below. A complete national report, including the option to view cases at a neighbourhood level, [is available via the Public Health Scotland daily dashboard](#).



Alzheimer Scotland Dementia Consultants National Learning & Sharing Network The next event in this series will take place on Wednesday 30 March, 2.30-3.30pm, via MS Teams. Ruth Mantle, Alzheimer Scotland Dementia Nurse Consultant at NHS Highland, will be leading this session, entitled 'Delirium superimposed on Dementia'. These sessions are of interest to Dementia Champions, Dementia Ambassadors, and Dementia Specialist Improvement Leads. The events are free of charge and [you can register by following this EventBrite link](#). If you are unable to attend, recordings of all the events in this series will be [posted to the Alzheimer Scotland website](#).

Menopause café event – Aberdeen Did you know 2 out of 3 women feel completely unprepared for menopause? Or that 75% transition through the menopause while they are still working? Whether it's happening to you or someone you care about, take a moment to increase your knowledge of all things menopause at the new Meno & Pause Co-Lab/Cafe taking place in Aberdeen on Thursday 17 March. The event takes place at Pittodrie Stadium (Legends Lounge) between 10.30am – 12.30pm, with an optional lunch afterwards. [To register for this free event, click on this link](#).

STAR award Congratulations to Dr Sarah Jarvis, a consultant at RACH and the most recent winner of a STAR award! Sarah was nominated in honour of her unwavering dedication to patient care; if you work with someone who is going above and beyond, why not nominate them for a STAR award? All you need to do is [complete the online nomination form](#) or email gram.staffthanksandrecognition@nhs.scot

Retail opening hours A reminder of the current opening hours for our outlets

Cairngorm Aroma

Mon-Fri - 8am - 7pm

Sat, Sun - 11am - 7pm

Concourse Aroma

Mon-Fri - 7am - 7.30pm

Sat, Sun - 9am - 4pm

Rotunda Cart

Mon-Fri - 8.30am-3pm

ECC Aroma

Mon-Fri - 7.30am-7.30pm

Sat, Sun - 9am - 4pm

Pink Zone Cafe

Mon-Fri - 7.30am - 3.30pm

Sat, Sun - 7.30am - 2.30pm

Orange Zone Cafe

Mon-Fri - 7.30am - 2.30pm

Thought for the Day The times they are a changing. It has been another momentous week. COVID seems to be lessening in its impact and how we live with it (again) is still to find form. At the same time we see conflict in Eastern Europe. These issues can be enormous, from our perspective in Health, we can only wish for peace and health for all.

At this time, while these events may seem far away, we will have colleagues, who will feel the impact of these events far more directly. Or who will reflect on their own experience of conflict. These are the most difficult things, and as always, we can only encourage kindness and respect to all those impacted.

Tune of the day You don't need us to tell you that on this day in 1984 Van Halen started a five-week run at No. 1 in the US with their anthemic [Jump](#)... it only reached No. 7 in the UK, honestly, what were you all listening to that was better than this?! At least, going by this video, you all dressed in a magnificently cool, timeless, way and were remarkably flexible. Happy weekend folks.

If you want to request a song for tune of the day, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot