

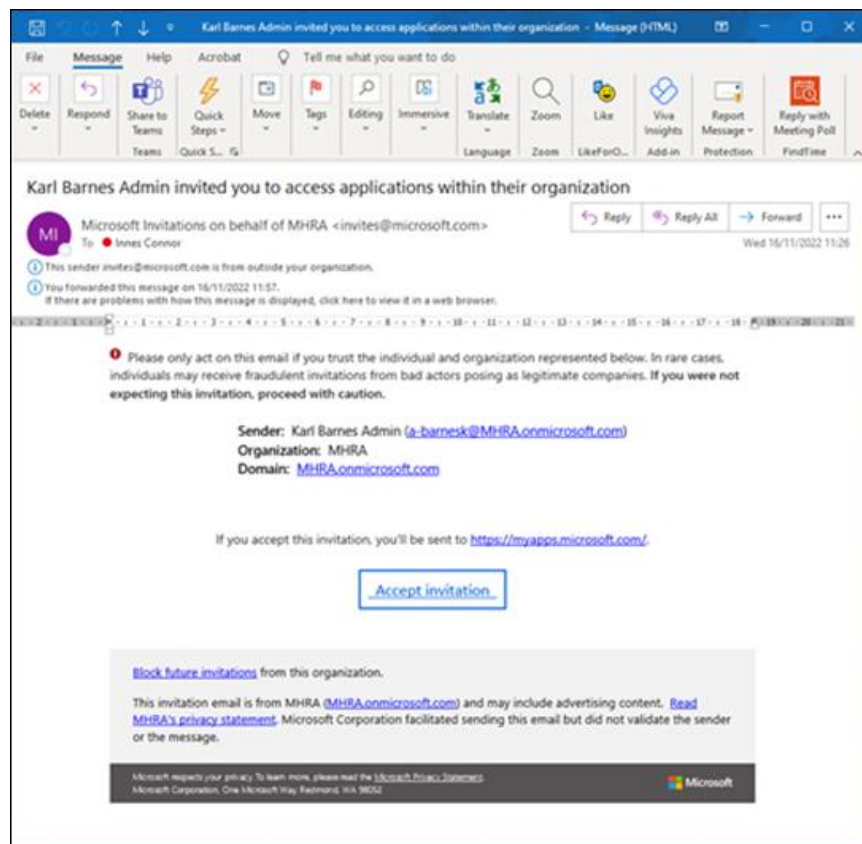
# Daily Brief...

Wednesday 16 November 2022

**School disruption - 24 November** Two teaching unions have confirmed plans to take industrial action next Thursday (24 November). Aberdeenshire Council have today announced all their schools will be closed that day; Aberdeen City and Moray Councils are providing further information directly to parents and carers. If you cannot put alternative childcare arrangements in place and your ability to attend work is therefore affected, it is important you have a conversation with your line manager to discuss the use of annual leave, parental leave, TOIL, working at home, or rearranging shifts as appropriate.

**Phishing emails** Our colleagues at National Services Scotland have let us know of an email circulating on behalf of MHRA and sent to the ISO or MDSO network (see below). This is believed to be a phishing attack and therefore recommend you:

- Do not click any links
- Follow local policy for suspected phishing attacks
- Email [nss.irc@nhs.scot](mailto:nss.irc@nhs.scot) to inform them if you received the suspect email to help them find the point of entry



**Long Covid Professional Network launch** We are holding a launch session for our Long Covid Professional Network. This is open to any member of staff (of any professional group across health & social care) with a professional interest in Long Covid, and how we intend to develop our pathways in this area. We want this network to be driven by staff, responding to the needs you have identified. **The launch will take place via Teams tomorrow (17 November) at 4pm.** [You can join using this link](#) or contact [carrie.stephen@nhs.scot](mailto:carrie.stephen@nhs.scot) for the meeting invite (with apologies for the short notice of this event).

**Study launched to explore Scotland's sexual health service provision following COVID-19** A national study has launched, exploring how people living in Scotland have engaged with Sexual Health and Blood Borne Virus services following the pandemic. The SHARE project aims to identify several areas in which Sexual Health based services can be further improved. Information on the survey and the link to take part can be found [on the SHARE survey website](#).

### **We Care Wellbeing Wednesday**

- **An Introduction to the Dynamics of Domestic Abuse** We Care are pleased to announce the first range of sessions focusing on Domestic Abuse Awareness. The first run of sessions will be facilitated by Grampian Women's Aid. For more information, please view the poster attached or [click here](#)
- **National Wellbeing Hub Support** There are several factors that can influence our overall wellbeing. The National Wellbeing Hub offers a range of information and Support on everything from, financial worries, to support for carers, ways to support staff wellbeing, sleep, Menopause, burnout, and men's health. For more information please [click here](#).

**Tune of the day** Steve Ramsay (ANP, Dr Gray's) makes today's request, asking for [Bits of Kids](#) by Stiff Little Fingers. He says: "With Children in Need taking place this Friday, this song is a reminder not everyone has a stable and loving childhood" (EP).

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)