

Tuesday 25 October 2022

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**Baird & ANCHOR One-Way System** To allow for The ANCHOR Centre boundary wall to be built, a one-way system has been in place on a section of the Foresterhill Health Campus since July. The date for the completion of this work has been extended to **early December**, meaning that the one-way system will remain in place until then. [A site map is available to view here](#) (intranet link, networked devices only)

**Neuro-rehabilitation pathway review** The Aberdeen City Health and Social Care Partnership (ACHSCP) is undertaking a strategic review of all rehabilitation pathways that focuses on the care for patients across Grampian, starting with the neuro- rehabilitation pathway. The review team have put together a newsletter, [Issue 1 is available to read here](#) (intranet link, networked devices only).

**HCSW opportunities** Are you an experienced HCSW, interested in training to become a Registered Nurse, but not sure where to begin? A series of information sessions have been arranged, to talk you through the different options available. These will all take place on Teams as follows:

- Wednesday 16 November
- Wednesday 23 November
- Thursday 8 December
- Thursday 15 December

All sessions start at 2pm, email [matthew.pye@nhs.scot](mailto:matthew.pye@nhs.scot) to request an invite.

**Research training opportunity - the Ethics Process** Led by the Scientific Officer, this course is run through North of Scotland Research Ethics Service (NoSRES). It offers practical help to those finding their way around the ethics process for either the first time, or who have questions regarding the process. It gives hints and tips on applying for ethical approval and gives details of the Integrated Research Application System (IRAS). All researchers are welcome to attend, but especially those who are required to prepare and submit ethical applications. The course will take place on Tuesday 15 November between 10am – 12.30pm (via Teams). Please contact the NoSRES team on [gram.nosres@nhs.scot](mailto:gram.nosres@nhs.scot) to book a place or for further details.

**End of British Summer Time** The clocks will go back this weekend. The change in waking and sleeping routines can lead to sleep disruption. Safe, effective, digital treatment for poor sleep and insomnia is available, at no cost, [by visiting sleepio.com/nhs](http://by.visiting.sleepio.com/nhs)

**Tune of the day** Lynne Garrett makes today's request; prepare to feel jealous! On Thursday she, and colleagues Ann, Heather, and Kathryn, are off to the Big Apple for a girls' holiday. Lynne's asked for Ol' Blue Eyes and [New York, New York](#) to get them in the mood (EP).

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)