

Tuesday 20 February 2024

**National Adult Support and Protection Day 2024** Normally, the key focus of healthcare professionals is to enable our patients to live safe and healthy lives. Significant challenges exist when patient decision-making, or behaviour appears to be actively negative and harmful to themselves. Whilst Local Authorities are the lead agency in Adult Support and Protection, we, as healthcare staff, are key partners and often instrumental in both identifying and supporting patients at risk of harm.

[This article describes an actual real-life Adult Support and Protection situation](#); we'd encourage you to use this during supervision and case discussions.

**Delivery Plan 2024-2026 - Scotland's National Dementia Strategy** The initial Delivery Plan aligned with Scotland's National Dementia Strategy is now available: <https://www.gov.scot/publications/new-dementia-strategy-scotland-initial-2-year-delivery-plan-2024-2026/documents/>

The delivery plan sets out how Scottish Government and COSLA will work with the voices of lived experience and delivery partners to begin to realise the vision for change set out in our new Dementia Strategy for Scotland: Everyone's Story.

**Temporary disruption to ECG on Thursday** Server connectivity for ECG carts in use across NHS Grampian, including Dr Gray's Hospital, Aberdeen Royal Infirmary and community hospitals, will be disrupted for between five and 20 minutes this Thursday (22 February) just before around 1pm. The Mortara ECG ELI link server for the downloading of patient demographic data and for the uploading of ECG PDF results will be replaced. All wards, departments and services using networked ECG carts are asked to take note. ECGs can still be performed – enter patient data manually and keep the recording in the ECG machine's directory. You can then upload to TrakCare EPR once the server is back online.



**If you can see it, you can be it** As part of the Plan for the Future, we are committed to developing the potential local workforce and being an 'anchor' organisation, by offering opportunities to attract and keep people in North-East Scotland. The Practice Education team have been making this a reality by developing St Machar Healthcare+. A classroom at the Aberdeen secondary school has been transformed into a space where young people can learn more about the range of careers available in healthcare and get hands-on experience in a simulated environment. [Read the full news release.](#)

**Calling healthcare workers who want to protect the planet** 'Climate Week North-East' is back to raise awareness and enable action to tackle climate change and act for nature. The University of Aberdeen and NHS Grampian are delighted to host another series of lunchtime talks on Sustainable Healthcare from 18th-22nd March. We aim to educate, empower and connect healthcare workers to improve the health of our people and

planet. Talks will be revealed soon, but until then if you have questions about sustainable healthcare you would like addressed, or examples of sustainable practice to showcase, please contact Dr Laura McCrimmon ([laura.mccrimmon@abdn.ac.uk](mailto:laura.mccrimmon@abdn.ac.uk)).

**CPR For Feet Awareness Day** A stand will be set up in the staff canteen in Dr Gray's on Monday 26th February 9.30am- 2pm. This will highlight the national campaign 'Check, Protect, Refer', aimed at prevention of hospital acquired pressure ulceration. Individual training for the wards at DGH will be rolled out on the following dates: Ward 5 - Fri 8 March 2.15pm; Ward 6 - Tues 12 March 3.15pm; Ward 7 - Wed 13 March 3.15pm; Stroke Ward - Fri 15 March 2.15pm; Ward 8 - Mon 18 March 3.15pm; AMAU - Tues 19 March 3.15pm. Staff are welcome to attend training on other wards if they are unable to attend their own ward training. Further information is available on Grampian Guidance, and we recommend watching the following short CPR For Feet video:

[https://www.youtube.com/watch?v=4YTuzuC\\_A1s&t=18s](https://www.youtube.com/watch?v=4YTuzuC_A1s&t=18s)

**Nursing, Midwifery and Paramedic Journal Club** The next Journal Club, which is open to nurses and midwives, will take place on Wednesday 28 February at 1pm. Dr Debbie Baldie will present at this Journal Club on a fascinating and highly relevant paper focusing on workplace cultures, entitled: *A person-centred observational tool: devising the Workplace Culture Critical Analysis Tool*®. The paper has been issued along with today's brief and [this is the link to join the meeting](#).

**Neurodiversity Empowerment Group (NEG)** The next meeting of this group will take place on Monday 26 February, 11 am to 12 noon. This month's topic is Peer Support and will be led by Kate Smith, Project Manager for We Care. Kate will explain Peer Support and how it developed. She will also share the project approach she took to evaluate, plan, deliver, review, expand and sustain. There will be a discussion about how this can be applied to the NEG and its members. Please contact [gram.staffequalities@nhs.scot](mailto:gram.staffequalities@nhs.scot) if you would like a link to the above meeting and/or to be added to the contacts list to receive information about future events.

**Breathing Pattern Disorder virtual study day** The Long Covid Service invite you to a virtual study day, hosted by physiotherapy, for Breathing Pattern Disorders. This will take place on Thursday 29 February, 9.15am - 4.30pm, and while primarily aimed at physiotherapists it would also be relevant to any clinical colleagues with an interest in breathing pattern disorders and hyperventilation. The study day will provide a theoretical background of the physiology behind symptoms as well as some practical skills in the assessment and treatment of the condition. Please email [gram.adultslongcovid@nhs.scot](mailto:gram.adultslongcovid@nhs.scot) to apply.

**Research and Development Strategy** The R&D Office thanks everyone who participated in the stakeholder feedback survey that closed on 31 January 2024. They are especially grateful for comments received on the old R&D strategy 2019-23. Anyone wishing to get involved in reviewing the draft strategy for 2024-29 can contact [gram.randd@nhs.scot](mailto:gram.randd@nhs.scot) on or before 29 February 2024.

**Culture Survey 2024 – how you can help** Phase 2 of the Culture Matters Survey went live last Wednesday for the following two cohorts of staff: Combined Child Health (including Neonatal) and Facilities and Estates (not including eHealth). Within Facilities & Estates we have staff working far and wide across Grampian; due to the nature of their work they do not always have ready access to IT. As the survey can only be completed electronically, please help support your F&E colleagues, by providing them access to IT to complete the survey in wards / work areas, if they ask. During the survey period we encourage staff in the participating areas to share their views and have their say.

**Pause for thought** *What do you hope for in the coming days, and what will that mean for you?*

**Tune of the day** We have a dog birthday in the house this week so [Hallelujah, I love her so](#) goes out to Chewie and all our much-loved furry friends. If you're celebrating this week, have a good one (KJ).

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)