

# Daily Brief...



Thursday 28 December 2023

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**IT Training are recommencing face-to-face courses in January** Dates are now available on Turas for staff requiring an Excel Introduction or the Excel Intermediate course. Classes will be held on the ground floor at the Suttie Centre, Aberdeen, in Rooms 14 or 15, running 10am-4.30pm with a lunch break at 12.30. Bookings can be made on the [IT Training page of Turas Learn](#) (requires Turas log-in).

Other Microsoft Office topics can be requested by contacting [anne.duffy@nhs.scot](mailto:anne.duffy@nhs.scot)

To reduce travel costs and waiting times, requests for shorter one-to-one training sessions on Microsoft products, will continue to be available through Teams. Please contact Anne Duffy through Teams or email [anne.duffy@nhs.scot](mailto:anne.duffy@nhs.scot) to arrange a chat.

**NHS Grampian's staff step count challenge - 'Step Forth for 2024'** The step count challenge returns! As before it is for teams of 5 people, and it starts early on Monday 15 January. For more information check the webpage: [My Healthy Workplace – 2024 Step Count Challenge](#) or team captains can apply directly for a team by emailing [gram.activetravel@nhs.scot](mailto:gram.activetravel@nhs.scot)

**Tune of the day** You don't need us to tell you that 2023 marks the 25<sup>th</sup> anniversary of The Darkness' debut album, Permission to Land. To celebrate the landmark birthday, here's [Friday Night](#) as our song today (GC)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)