

Friday 6 October 2023

Grampian NHS Board – Chair's blog Alison Evison, Chair of the Grampian NHS Board, has written an update on yesterday's meeting. [It's available to read here](#) or you can scan the QR code below (with any device) if you're reading a printed copy of the brief.



Pitstops – an invitation to join Over the coming months, the Aberdeen City HSCP organisational development team are hosting a new series of Pitstops covering a variety of topics based around Change, Engagement, Leadership and Wellbeing. These Pitstops are short 1 hr sessions, which will focus on a specific tool or method and explore how you can practically apply it in the workplace. The sessions are open to anyone working in health & social care, right across Grampian.

The second PITSTOP will take place on Friday 13 October from 2-3pm and will focus on the Prosci ADKAR Model for Change. This versatile tool can be used at multiple levels to track the people side of change, from programme and project management down to understanding where an individual is in their change journey to provide tailored support. Whether you're leading change or part of a change process, ADKAR could be the tool you've been waiting for!

If you're interested and would like to sign up, [please complete this form](#) and a Teams invite will be sent to you.

Infection prevention & control event, Royal Cornhill Ahead of International Infection Prevention and Control week (15 to 21 October), the team at Royal Cornhill are hosting an event on Monday 9 October, in the staff lounge between 2 - 3.30pm. Please come along and have some fun, improve awareness, increase your knowledge, and ask any questions you may have. This is an ideal opportunity for new staff to come and introduce themselves to our IP&C team for RCH site. We look forward to seeing as many as of you as possible.

ICYMI - Foresterhill Health Campus – shale car park/essential works From Monday (9 October) there will be lane restrictions at the entrance/exit to the staff (shale) car park. This is to allow for essential works as part of the flood mitigation programme and Greenspace project. The works will run until December and will involve a reduction of approximately 25 spaces during the works. Signage will be in place, and we would ask all car park users to follow these. We apologise for any inconvenience.

That was the week that was Looking for a quick guide to the items shared this week? We've got your back!

Monday 2 – RAAC update, Speak Up Week, proper battery disposal

Tuesday 3 – IPC induction checklist, new graduate welcome event for NMAHPS, management of hazardous substances training

Wednesday 4 – launch of anti-racism plan, improper use of disabled parking spaces, physical activity survey

Thursday 5 – COVID-19 – testing & recording absence from work, Bed Base Review update

[All briefs are stored online, just click this link](#) or visit Working with Us>HR Portal>NHSG Staff Daily Briefs on the NHS Grampian website.

STAR Award First up, we have a team award to share; we are delighted to say the Physician Associates working in ARI ED were presented with their STAR Award this week, recognising their hard working, passionate and enthusiastic approach to their work. Also this week, senior paediatric occupational therapist Fiona Clarke received her STAR Award; her nomination noted her contribution to children's services and her dedication to her young patients. Huge congratulations to all!

If you want to make a STAR Award nomination, simply [complete the online nomination form](#), or email the details of the person/team you want to nominate to gram.staffthanksandrecognition@nhs.scot

Tune of the day Strictly '23 may just be getting underway, but closer to home we already have a ballroom champ to crown! 10s across the board to Kim Falconer, deputy CT radiographer at Dr Gray's, awarded a distinction in her ballroom dancing medal test. Anne Wood and the rest of your colleagues have asked for [Shut Up and Dance](#) by Walk The Moon

We've made it, more or less, through another week; the weekend is tantalisingly in sight. Thank you for showing up and doing what you do. If you're working this weekend, stay safe. The brief will return on Monday (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot