

Monday 13 June 2022

iMatter team confirmation iMatter is an annual NHS Scotland programme and the 2022 cycle will soon get underway. In advance of that, all managers have until 4pm on Friday 24 June to confirm their team details on the iMatter system. If you are a manager in NHS Grampian, or Aberdeenshire, Aberdeen City, or Moray HSCPs, you should have received an email with a link to check and/or amend your team. Please do not delay confirmation, as the questionnaire cannot be released until ALL teams are confirmed. If you need any help with the system or support confirming your team, please email gram.imatter@nhs.scot.

Fair to Refer – a joint session between the GMC and the Staff Equalities Network We are developing our ambition to become an ‘anti-racist and anti-discriminatory organisation, where people can feel empowered to bring their whole selves’ to work each day. As part of this work, the Staff Equalities Network is delighted to invite colleagues to this important and interactive session, taking place this Wednesday (15 June) at 2pm, via Teams. During the session, participants will gain an overview of research into the disproportionate referral of black and minority ethnic, and International Medical Graduate doctors to the GMC. The session will also go on to provide insight into the causes, recommendations to address the issue, and the GMC’s response. This session will be run jointly with Snehashish Banik, ED&I Champion, and will involve small group discussion of case studies and what might be done at a local level to implement the recommendations of Fair to Refer. If you would like to join this session, please email gram.staffequalities@nhs.scot for the link.

Yellow Cards – Everyone’s Responsibility Run by the Medicines and Healthcare products Regulatory Agency (MHRA) Yellow Cards are an easy way for anyone to submit reports of adverse drug reactions (ADR) to the MHRA. An ADR is a response to a medicinal product which is noxious and unintended, commonly known as a side effect. This includes adverse reactions which arise from:

- Use of a medicinal product within the terms of the marketing authorisation
- Use outside the terms of the marketing authorisation, including overdose, misuse, abuse, and medication errors
- Occupational exposure

The [Yellow Card Centre \(YCC\) Scotland](#) aim to increase and improve the quality of adverse drug reactions (ADR) reporting in Scotland using the Yellow Card Scheme. Most reports are submitted by patients but anyone; healthcare professional, patient, relative or carer, can report an adverse reaction to a medicine using the yellow card. We shouldn’t assume someone else has done it already and the Yellow Card Centre Scotland would rather get duplicate reports than no report at all. If you think your patient has suffered an ADR report it using the Yellow Card in any of the following formats.

Online - [Yellow Card | Making medicines and medical devices safer \(mhra.gov.uk\)](https://www.mhra.gov.uk/yellowcard)

App – Yellow Card App is free to download via Apple or Android, you will also find useful information on medicines within the app.

Phone – You can phone the yellow card scheme free on 0800 731 6789

Post – Print out, complete and post the [Healthcare Professional Paper Yellow Card](#)

Sustainability Network Would you like to be informed about and engage with sustainability within NHS Grampian? Come join our new Sustainability Network on MS Teams. News on current projects, innovations, ideas, links to training, and events will be shared on this channel, and you can link in with other colleagues in the organisation to guide and help with any sustainability related projects in your area. If you would like more information or would like to be added to the channel, please email gram.scar@nhs.scot

Scottish Breastfeeding Week We are delighted to mark Scottish Breastfeeding Week by announcing Robert Gordon University have signed up to the Breastfeeding Friendly Scotland scheme. This allows businesses to demonstrate their support of breastfeeding by displaying signage; in addition, RGU staff have been trained in championing and protecting parents' rights. In Grampian, more than 200 organisations have signed up to the initiative, but with a community of 16,000 students and 1,500 staff, RGU represents the single biggest participant to date.

All managers and staff should be aware NHS Grampian supports breastfeeding and discussions should take place on the best way to support a parent upon their return to work. More information is available [on the intranet](#) (networked devices only).

World Blood Donor Day This annual awareness event takes place tomorrow, so we're taking this opportunity to remind you the team at SNBTS are ready and waiting for you. Whether you've never been a blood donor, or just haven't given in a while, you will get an equally warm welcome. The donor centre in Aberdeen is open Tuesday-Friday and most Sundays, and there are many community donation clinics as well. Giving blood is by appointment, so to find your nearest session and to make an appointment, [visit the Scot Blood website](#).

Question of the day Meetings. Are they an indispensable part of the working day, or an obstruction to getting work done? We want to understand just how many meetings you, the Daily Brief reader, attend in a typical day. [You can let us know by clicking here – it should be the work of seconds.](#)

Pause for thought An opportunity to reflect, at the start of the week, taken from last week's Guided Journaling sessions:

We all have things we need to say. Sometimes we don't say them because we don't know how. Sometimes we say them and wish we'd said them differently. We can always work on how we say things. Choosing one interaction are you going to have in the coming days and weeks where the outcome really matters, what one word DON'T you want to say? What words of appreciation or acknowledgement might help instead?

Tune of the day Inspired by 67 year old Doug James, who brought a gig by The Killers to a halt at the weekend, when his first attempt at crowd surfing led to a minor head injury, our tune for today is [Mr Brightside](#). Doug is recovering well, incidentally, and says he wants to do things he's not done before. (EP).

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot