

Thursday 5 January 2023

PPE donning & doffing training The Infection Prevention & Control team offer regular refreshers on the correct way to don and doff PPE. Upcoming dates as follows, all sessions start at 11am and are delivered on Teams:

- January – Thursday 12, Tuesday 17, Tuesday 24, Tuesday 31
- February – Thursday 9

You can book a place on any session by emailing gram.ipc-donn-doff-training@nhs.scot

IT Self-Service Portal eHealth will shortly be launching an improved self-service portal providing the ability to report and view progress of faults and requests in a user-friendly manner.

- How does this affect me?

Instead of having a common logging form where you have historically reported all faults and requests, our new portal will provide access to a wider range of online forms which will ensure we capture all the required information at first point of logging. A range of fault and request forms are available to cover the more common service requests and fault types, initially including a generic fault and request form. In line with continual service improvement, more forms will be created and made available in the coming months including articles providing self-help. To help ensure the correct form is used it is also important to understand the difference between a fault and request, as follows:

- **Faults:** A fault is where an issue is experienced with a software application or hardware device which affects your ability to undertake your work. Examples of incidents include being unable to login to PC/Application, unable to print, any hardware not turning on or not acting as it should.
- **Requests:** These relate to seeking advice, ordering of standard hardware/software, or requiring access to a service (data or software application). Examples of requests include requests for new hardware, telephony or software; requesting access to a system; request for work to be performed on clinical data (patient merge, letters to be deleted).

A dedicated page will be available soon which will contain further details.

Short course on pain management Robert Gordon University has a module starting in March 2023 for Contemporary Pain Management (Level 11). This can be undertaken by any Nurse, Midwife or Allied Health Professional. [More information is available on the RGU website](#), or you can email Jane Mair at j.c.mair1@rgu.ac.uk

Sports Committee The Sports Committee provides a range of sporting activities for NHS Grampian staff, from regular classes to one-off special events. [The 2023 programme is available here](#) (intranet link, networked devices only). New events and classes are added throughout the year, so keep checking for any updates.

NHS Grampian's 2023 Winter Step Count Challenge While we're on the subject of getting active, the start of the Step count Challenge is looming; do you have your team organised yet? It starts on Monday 16 January, ends on Sunday 12th February (dates inclusive). It is free of charge to take part and every participant can claim a free water bottle. Pedometers are also free for those who need one. There are plenty of prizes up for grabs, and most of the prizes are not for walking the greatest distance – it's the taking part that counts. As before this challenge is for teams of 5 staff. Once you have your team assembled, the team captain should email gram.activetravel@nhs.scot for a link to set up their team and add the other members. [There's more information on the My Healthy Workplace website.](#)

Tune of the day This Sunday (8 January) it will be seven years since David Bowie died. He is an artist we haven't featured nearly enough in this section, so let's remedy that with [Modern Love](#) (EP).

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot