

Wednesday 6 July 2022

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**Piper Alpha Anniversary** Today marks the 34<sup>th</sup> anniversary of the Piper Alpha disaster. The effects of the tragedy, which remains the most significant offshore incident in history, are still being felt by survivors and the friends, families and loved ones of those who were on board on that fateful day in 1988.

Many of our colleagues were integral to response that night, providing vital care and support at the time and in the aftermath. It has left a significant impact on so many across the north-east and we hope you will join us in taking a moment today to pause, reflect and pay your respect to those who lost their lives.

**Covid update** You will not have missed the updates in the media about infection levels continuing to increase in Scotland and the UK. The Office of National Statistics estimate that 1 in 18 people in Scotland had covid on the 7 days to 24<sup>th</sup> June, up from 1 in 20 the week before. Approx 18% of these are reinfections so just because you have had it before, doesn't mean you can't catch it again. We have been seeing the impact in hospital too.

Covid admissions rose last week, averaging 13 a day over the past week. Covid hospital occupancy continues to increase - a daily average of 103 over the 7 days, compared to 85 last week. This continuing burden of covid comes at a time when the system remains under severe pressure.

Thank you for everything you are doing to reduce the spread of transmission at this challenging time, including wearing masks in healthcare settings and in crowded indoor places.

**Baird & Anchor One-Way System** To allow for The ANCHOR Centre Boundary wall to be built there will be a one-way system in place on a section of the Foresterhill Health Campus that will prevent exit onto Westburn Road.

The section of road affected is the part leading up to the Radiotherapy Centre beyond Mggie's Centre entrance to the site and along towards the back of Aberdeen Maternity Hospital (AMH). See the attached document for more details.

## **We Care Wellbeing Wednesday – Wednesday 6th July 2022**

- **We Care Wellbeing Newsletter** – Are you interested in finding out more about wellbeing events, training and support? If so, consider subscribing to our Bi-monthly newsletter! July's edition goes live soon and features peer support, some great walking trails and lots of information on financial support. If you'd like to subscribe to receive the newsletter in your inbox, please email [gram.wecare@nhs.scot](mailto:gram.wecare@nhs.scot)
- **Focus on Your Finances Course** – The first two dates are fully booked, however a third date is now available. If you want to learn about utilising workplace benefits or protecting savings from future tax, the session will take place on:

To book a place on the course, please email: [india-natasha.govil@nhs.scot](mailto:india-natasha.govil@nhs.scot)

- **Guided Journaling July & August Dates** - Interested in taking part in a short, guided journaling session? Journaling is recognised as being helpful in reducing anxiety through providing clarity; identifying patterns; revealing emotions, and processing decisions. These sessions are delivered via MS Teams, see dates below:

<b>Tuesday Sessions (17:00-17:30)</b>	<b>Thursday Sessions (08:00-08:30)</b>
5th July	7th July
19th July	14th July
26th July	21st July
2nd August	28th July
9th August	18th August
23rd August	25th August
30th August	1st September
6th September	8th September
13th September	15th September
20th September	29th September

To book a place on any of these sessions, please visit [Guided Journaling Session | Turas | Learn \(nhs.scot\)](#)

**Trakcare update & delays to data.** The upgrade to Trakcare (PMS) on Wednesday 13<sup>th</sup> July means hospital related data in Boxi and Illuminate will not be refreshed on that day. The data you see will be up to 12<sup>th</sup> July. Assuming all goes well with the upgrade, we should be back to normal business on 14<sup>th</sup> July.

**Smarter Working** A number of enquiries have been received from across the organisation regarding smarter/hybrid working. Smarter Working team will be meeting with leads for areas in the near future. Anyone who would like further info, or to discuss further, should contact [gram.smarterworking@nhs.scot](mailto:gram.smarterworking@nhs.scot)

**MSc Advancing Practice** All Nurses, Paramedics and Allied Health Professionals; applications are now being accepted for the MSc Advancing Practice course at RGU with both Nursing and Clinical routes available. The closing date for applications is Friday, August 5. If you wish to find out more information, please visit the following website: <http://www.rgu.ac.uk/advancing-practice>. Alternatively, you can email [SNMPCPD@rgu.ac.uk](mailto:SNMPCPD@rgu.ac.uk) with any queries.

**Tune of the day** You don't need us to tell you that on this day in 1968 The Rolling Stones scored their fifth US number one single with [Jumpin' Jack Flash](#) – so let it be our song of the day. (GC)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)