

Monday 6 March 2023

HEPMA is LIVE! A key milestone towards Digital Wards was achieved last week as staff at Roxburghe House became the first area in NHS Grampian to use both an IP EPR and deliver prescribing and drugs via HEPMA! Roxburghe House staff have been very receptive and taken to the change incredibly well. Initial feedback is 'excellent' and 'I love it', while one self-declared sceptic has said they are 'no longer sceptical.' The med rec feature in HEPMA has also received positive feedback. The HEPMA team would like to thank folks for the time and opportunity they have afforded us.

Early adopter support will continue as the HEPMA implementation team take learning from it ahead of moving to full implementation and begin a programme of events to raise awareness. You can find out more about HEPMA by visiting the intranet [Pages - HEPMA-Background \(scot.nhs.uk\)](#) or the SharePoint site developed by the North of Scotland HEPMA Programme: [NoS HEPMA - Home \(sharepoint.com\)](#)

International Day for the Elimination of Racial Discrimination 2023 The Grampian Empowered Multicultural Staff (GEMS) Group invites all colleagues to join us for a special meeting to mark the International Day for the Elimination of Racial Discrimination on 21st March from 2pm to 3.30pm on Teams. We are delighted to welcome NHS Grampian Chair Alison Evison as our special guest speaker, and we will also hear from Head of People and Change Philip Shipman about preliminary work taking place to uncover areas of inequality in NHS Grampian. Find out more about this session, including detail of how to join at: [International Day for the Elimination of Racial Discrimination \(nhsgrampian.org\)](#)

Lower Limb Study Day and TV news The Tissue Viability Department would like to share their latest [TV Newsletter](#), including details of a Lower Limb Study Day they are holding on April 5th at the Thainstone Centre, Inverurie. The event is free to attend and [tickets can be booked via Eventbrite](#). Please only book one ticket per email address for stats and feedback. The team will also be running two-hour practical doppler sessions on 19th April at Lochter Activity Centre, near Oldmeldrum. Book online for the [9am session](#), the [11am session](#) or [the 2pm session](#).

Secondary Care Hubs offering ECG testing Several of the Secondary Care Hubs are now offering ECG testing. This must be requested on Trak prior to a patient attending the Hub. Details of Hubs performing ECG and the process for requesting all tests have been compiled in an attachment shared along with today's Daily Brief.

Psychologist registration renewal reminder Colleagues are reminded the Practitioner Psychologist HCPC registration renewal process is now live and due by 31st May 2023. If this applies to you, please double check updates aren't landing in your email junk folder and if they are right click to 'report as... not junk' for future updates.

Mental health support sessions The Aberdeenshire Mental Health Improvement and Wellbeing Service is now offering up to six support sessions to anyone aged over 16 years who is willing and able to work towards making positive changes. They can support people in areas including Lifestyle, Looking After Yourself, Managing Symptoms, Feeling Positive, Family & Friends, Where You Live, Money and Work, Volunteering & Activities. The team will work with and support you to identify and prioritise your

support needs, explore possible solutions to difficulties you may be experiencing and offer up to six weeks of support to help you make positive changes to your life. They can also help you build connections with other people and services in the community, and empower you to manage the challenges you may have. To see how they can help, please visit <https://www.nhsgrampian.org/mhiws-aberdeenshire> where you can find out more and make a self-referral. The team can also accept referrals from NHS professionals on behalf of clients via the MHIWCS SCI Gateway.

Services in Aberdeen City and Moray are slightly different. In Aberdeen City, referrals to SAMH for support should be done by GPs and in Moray the Link Practitioner Service can be accessed by visiting <https://discoverpathwaysmoray.org.uk/>

Invitation to community pharmacists Would you like to help develop digital pharmacy services for the future? Strathclyde University is looking for pharmacists working in community pharmacy or general practice in Scotland who are willing to take part in a one-hour interview on the topic of how they feel about using video consultations to communicate with patients. You do not need to have any experience of using video consultations with patients. To take part, email a.ferguson@strath.ac.uk or go to: [Qualtrics Survey | Qualtrics Experience Management](#)

Are you interested in equality or in AI? Why not join colleagues on March 23rd during British Science Week for a screening of the film, Coded Bias online or at the University of Aberdeen. The film asks crucial and timely questions, including questioning the impact of the application of AI on our society, and identifying the social consequences when AI is biased toward race, colour, or gender. Following the film screening there will be a Q&A discussion and networking event with panellists from the School of Natural and Computing Sciences (can we create unbiased AI?), the School of Law (do we need new laws that regulate AI?), and the School of Psychology (are AI biases similar to human ones?). The event celebrates social inclusion and cultural diversity, and you can [book your tickets on Eventbrite](#).

‘Brew & a Blether’ update Brew & a Blether is a drop-in approach to encourage staff to take a break, leave their place of work and speak about their welfare concerns to staff in attendance. A drink voucher is also on offer and colleagues supporting this include the Chief Executive Team, Staff Side, We Care and Psychology. Sessions will take place this week on Tuesday 7 March from 10am to 12noon in the ARI Board Room and on Thursday 9 March from 10am to 12noon at RACH on the 3rd Floor. Please come along and chat if you can.

Pause for thought We often hear about a work–life balance - as though it’s a see-saw. Perhaps another way of thinking about it is as an avocado – work being the stone in the middle and life wrapped around it. How comfortable are you with your relationship to work? If there was space for change, what might that mean for you and for others?

Tune of the day The North of Scotland Regional team would like to congratulate NHS Grampian on going live with HEPMA. This is a tremendous achievement and a great step forward in electronic clinical advancement and safety. Well done to the team and in particular all those at Roxburghe House on being the first for Grampian. The tune requested to mark this momentous occasion is [‘Ain’t no stopping us now’](#) by McFadden and Whitehead. Perfect for a Monday! Have a good week, all (KJ).

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot